Acting and Teacher Education: 
The BEING Model for Identity Development

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Abstract

This study follows three pre-service teachers during three academic semesters in which they took
an acting course for teachers and participated in practicum with a special focus on rehearsing and
developing their teacher identities. In order to create the necessary context for them, an acting
course for pre-service teacher education was designed in parallel with a model which is based on
an influential acting theory. This model, namely the BEING (Believe, Experiment, Invent, Navigate,
Generate), was also designed by the researcher. The incentive behind designing a model grounded
on acting literature was that the relevant literature does not provide trainers with a universal model
which can be referred as a manual for running and monitoring acting courses for teachers. In this
case study, this model was also tested in terms of its applicability and functionality in practice.
Based on analyses of audio taped interviews, session journals and reflections, the five stages of the
BEING Model was found to be highly applicable and functional in terms of reflecting the natural
development process of teacher identity development. Pre-service teachers displayed a significant
development in communication skills and professional identities. Therefore, the BEING model
provides a perspective and a philosophy of benefiting from acting literature for teacher educators
with little or no knowledge on acting and theatre.

Keywords: Pre-service teachers; professional identity; acting