Attachment and preschool teacher: An opportunity to develop a secure base

Abstract

Relying on a figure that makes us feel loved, safe and protected is a basic necessity of human beings with repercussions in all the aspects of psychological development. Early Intervention is based on knowledge and detection of risk factors and intervention in creating and strengthening protective factor of development. When early relationship between mother and child are altered due to the characteristics of the child, the mother or the context, and insecure attachment is developed, preschool teachers may become secure attachment figures influencing all the fields of present and future development. In this article there are some detection indicators of possible altered affective relations as well as conduct proposals to generate secure affective connections between children and their teachers.

Keywords: Attachment, teachers, preschool years.

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